

DNA Testing Companies



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http://familytreeaz.com/presentations



All slides and handouts can be found at:

http://www.familytreeaz.com/Presentations/



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Topics

- What companies are available?
- What are some advantages/disadvantages of each?
- What's a good testing strategy?
- Important recent significant changes

Types of DNA tests

- Autosomal
 - The vast majority of DNA tests are this type
 - Relatively inexpensive (\$49-\$99)
 - FOCUS of this presentation is on Autosomal
- Y-DNA

ADVANCED

- Only used for male subjects and can find matches along the same patrilineal line
- Can be expensive (up to \$300 for more precision/markers)
- mtDNA (Mitochondrial)

ADVANCED

- Can be used to solve matrilineal line questions
- Expensive (~ \$200)
- Full Genome Sequencing (FGS)

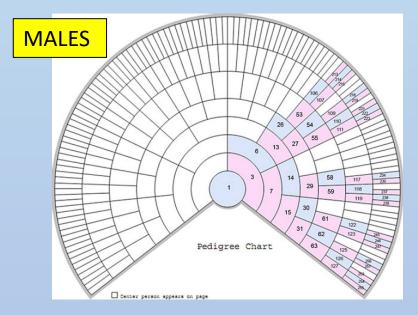
ADVANCED

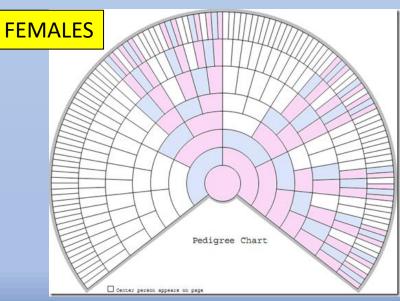
- New kid on the block!
- More expensive (~\$1000) but cost is going down



What about X-DNA?

- There is no standalone test for X-DNA
- X-DNA has a unique descendancy pattern that can sometimes be useful to solve ancestry questions
- Males can only inherit X-DNA from their mothers whereas Females get it from both parents
- All companies we will look at test for X-DNA
 - HOWEVER: currently only Family Tree DNA reports X-DNA amounts
 - For more analysis you have to download your "raw"
 DNA and upload to a 3rd party tool such as GEDMatch





https://thegeneticgenealogist.com/

What DNA Testing Companies Are Available?

Testing company options -- Autosomal

- There are 5 known and recommended companies at this time:
 - Ancestry
 - Family Tree DNA
 - MyHeritage
 - 23andMe
 - Living DNA
- There are others out there but not recommended for a variety of reasons

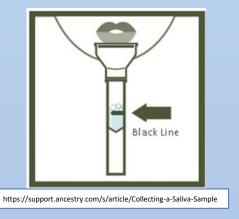


What to look for with testing companies

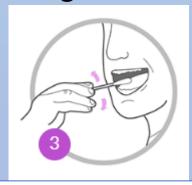
- What all 5 companies have:
 - Provide ethnicity estimates (emphasis on "estimates")
 - Provide a list of others who match the tester's DNA (shared matches)
 - Ability to download raw DNA data file
 - Test autosomal chromosomes (1-22)
- What some of them have:
 - Provide family trees for your matches
 - Provide health information
 - Ability to group matches that are common to each other
 - Ability to upload raw DNA data file from other companies
 - Test other aspects of DNA such as X-DNA, Y-DNA, and mitochondrial (mtDNA)

How is a DNA Test Taken?

- Saliva test
 - Done by Ancestry and 23andMe



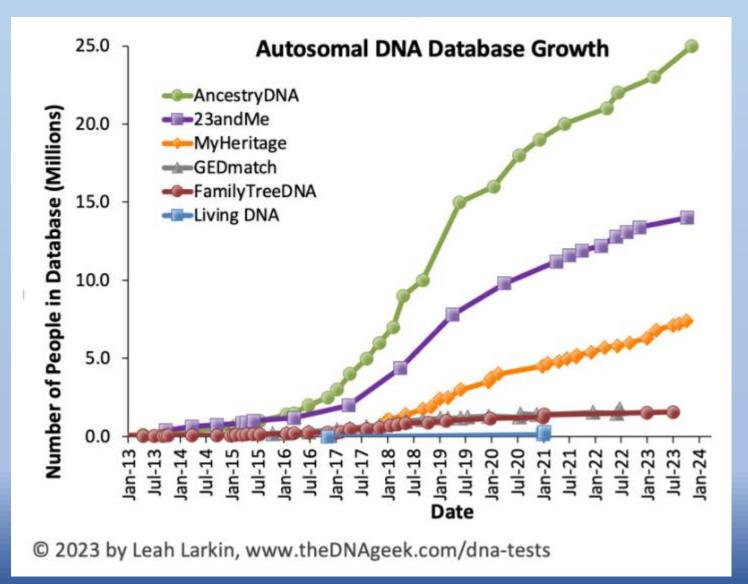
- Cheek swab
 - Done by Family Tree DNA, My Heritage, and Living DNA



https://www.myheritage.com/dna/instructions

Comparative Database Sizes (autosomal kits)

- This chart shows the change over time of the number of DNA kits with each service
- The top 2 services do *not* allow uploads of kits from the other companies



Why is Database Size Important?

 The larger the database, the greater the chances of finding significant matches

Note: some testing companies may have more coverage of certain regions. E.g., MyHeritage has higher percentage of test-takers living in Europe; most of Ancestry test-takers are from U.S. and Canada

Deeper Dive into the Testing Companies

For each company I will highlight pros and cons including one primary pro and con for each company

Aspects of Each Testing Company

Ancestry

- Pluses:
 - Largest database of testers, over 25 million
 - Excellent linkage to a wide array of family trees
 - Useful common ancestor hints
 - Good tools for sorting matches and viewing shared matches
 - Good detailed ethnicity estimates for some

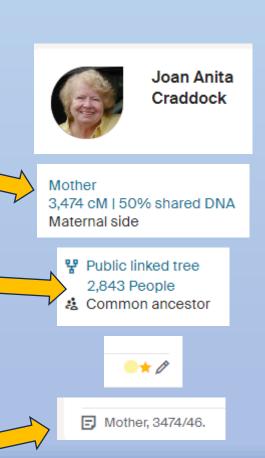
Negatives:

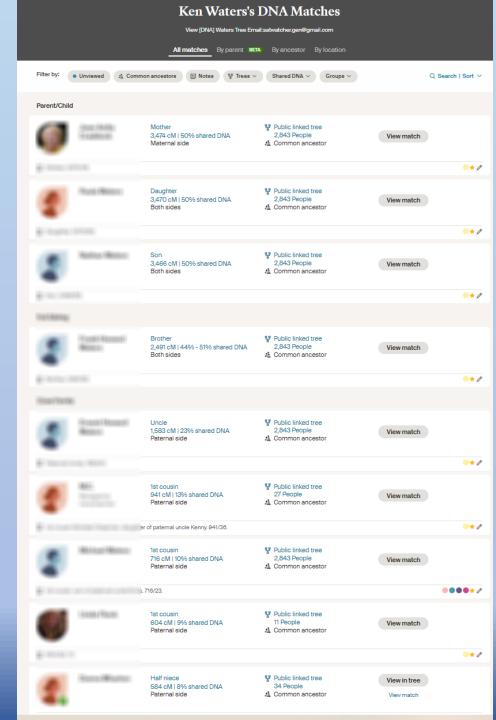
- No chromosome browser for advanced work
- No display of X-DNA matches
- Will not accept DNA kits from other companies
- Tester database is mostly composed of U.S. and Canada test-takers



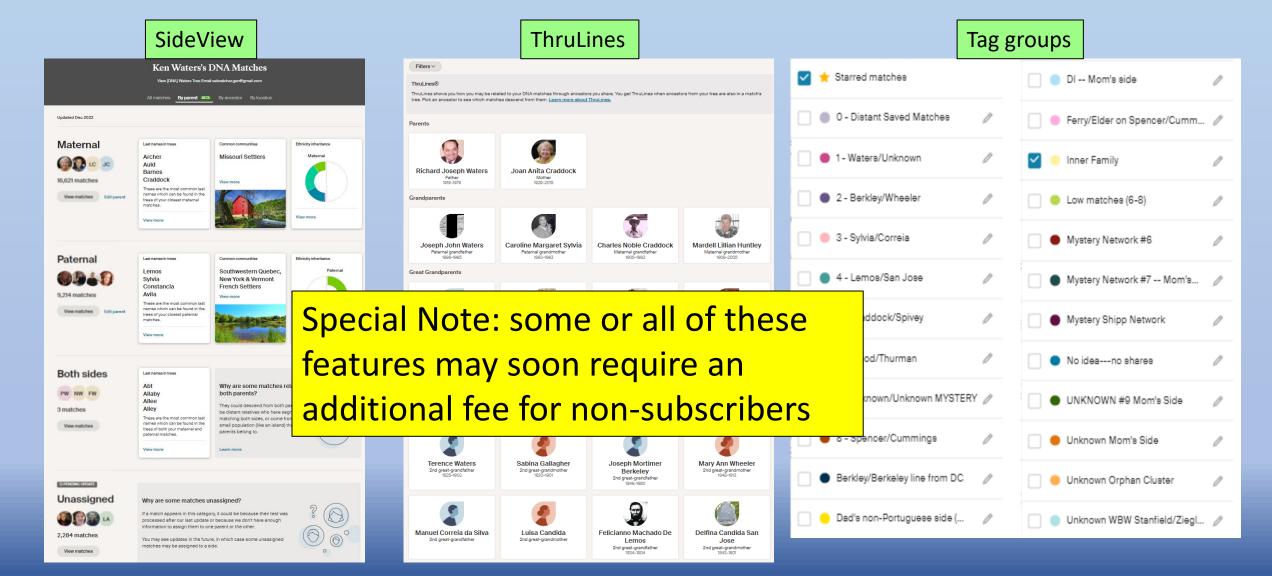
Ancestry DNA Matches

- Each match includes:
 - Name
 - Relationship estimate
 - Amount of shared DNA
 - SideView estimate (maternal/paternal)
 - Tree, if available
 - Common Ancestor hint, if applicable
 - Tag Group designations (user controlled)
 - User entered Notes



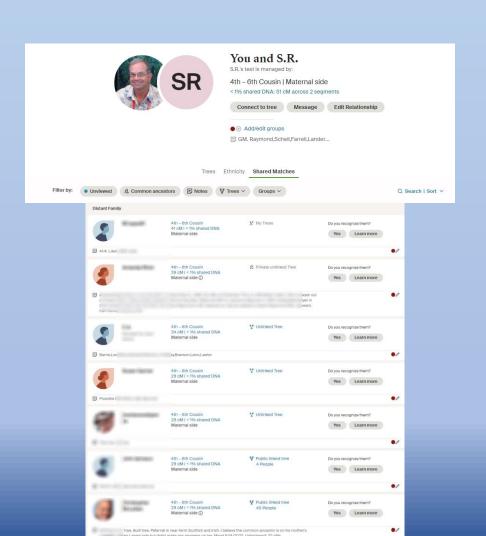


Useful Features of Ancestry DNA



Shared Matches in Ancestry DNA

- This, in my opinion, is by far the MOST USEFUL tool in Ancestry DNA
- Can help to quickly determine which line a DNA match falls into



Aspects of Each Testing Company: 23andMe

23andMe

- Pluses:
 - Large database of testers (> 12 million), many not available at other testing companies
 - Chromosome browser
 - Upgrade to health aspects for those interested

Negatives:

- Complicated process to share data with DNA matches
- No genealogy research database
- Most kits will be limited to 1,500 closest matches, thus not revealing more distant matches
- Will not accept DNA kits from other companies



TIP: I found 3 unknown 2nd cousins on 23andMe! 2 of them were adoptees with unknown parentage which I helped them solve

23 and Me Matches

- Name
- Amount of Shared DNA (using % rather than centiMorgans)
- Relationship estimate

DNA Relatives

Get started with your predicted relationships, then connect and message to learn more.

Filters	Showing 1503 of 1503 relatives	Sort by Strength of Relationship			
Search keywords Name, location, notes Q	☆ MC	1st Cousin 12.88% DNA shared, 28 segments Connected			
Reset	1st Cousin, Once Ret 5.04% DNA shared, 15				
Notifications 10 V Profile features and activity 10 V	☆ DT	1st Cousin, Once Removed 3.16% DNA shared, 9 segments Invitation sent			
Mother's side/Father's side ⑥ ∨	ria CR −	2nd Cousin 3.37% DNA shared, 13 segments Invitation sent			
Ancestor birthplaces Connections V	☆ TW	2nd Cousin 3.23% DNA shared, 12 segments Invitation sent			
Family names ① V	☆ SM	2nd Cousin 3.09% DNA shared, 15 segments Connected			
	☆ ME	2nd Cousin 2.84% DNA shared, 12 segments Connected			
	☆ 💮	2nd Cousin 2.68% DNA shared, 10 segments Connected			
	★ HS	2nd Cousin 2.55% DNA shared, 7 segments Connected			
	☆ 😂	2nd Cousin 2.41% DNA shared, 9 segments Connected			
	☆ FB	2nd Cousin, Once Removed 2.59% DNA shared, 8 segments Invitation sent			
	☆ CW	2nd Cousin, Once Removed 2.25% DNA shared, 7 segments Invitation sent			

23 and Me Matches in Common

 Relatives in Common can be very instrumental to determining how you are related to a match

CURRENTLY DISABLED

You have Relatives in Common

Each Relative in Common shares at least one small segment of DNA with Michael.

You	Michael	DNA Overlap (i)
1st Cousin, Once Removed (5.04)	Distant Cousin (0.08)	No
2nd Cousin (3.37)	Sister (49.67)	Request sent
2nd Cousin (2.41)	3rd Cousin (1.55)	Yes
2nd Cousin, Once Removed (2.25)	3rd Cousin (1.14)	Request sent
2nd Cousin, Once Removed (2.19)	Daughter (50.00)	Yes
3rd Cousin (1.01)	3rd Cousin (0.85)	Yes
3rd Cousin (0.90)	5th Cousin (0.11)	Yes
3rd Cousin (0.78)	3rd Cousin (0.62)	Yes
3rd Cousin (0.67)	4th Cousin (0.45)	Yes
3rd Cousin (0.66)	4th Cousin (0.41)	Yes
	1st Cousin, Once Removed (5.04) 2nd Cousin (3.37) 2nd Cousin (2.41) 2nd Cousin, Once Removed (2.25) 2nd Cousin, Once Removed (2.19) 3rd Cousin (1.01) 3rd Cousin (0.90) 3rd Cousin (0.78) 3rd Cousin (0.67)	1st Cousin, Once Removed (5.04) 2nd Cousin (3.37) 2nd Cousin (2.41) 2nd Cousin, Once Removed (2.25) 2nd Cousin, Once Removed (2.19) 3rd Cousin (1.01) 3rd Cousin (0.85) 3rd Cousin (0.90) 4th Cousin (0.45) 3rd Cousin (0.45) 3rd Cousin (0.45)

Aspects of Each Testing Company

FamilyTreeDNA

- Pluses:
 - Ability to re-use DNA sample on other types of test
 - Rich, long history of working with DNA
 - The "go to" site for testing Y-DNA and mtDNA
 - Chromosome browser CURRENTLY DISABLED
 - Allows uploads from other testing companies

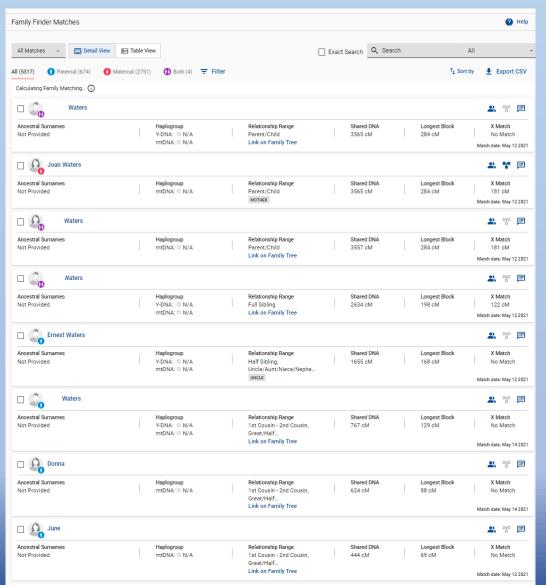
Negatives:

- Relatively small database
- No genealogy research facilities
- No capability to manage more than one kit in a single account



Matches in FamilyTreeDNA

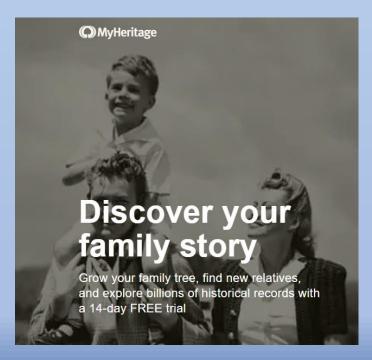
- Names
- Estimated relationship
- Shared DNA
- If an "X" match



Aspects of Each Testing Company: MyHeritage

MyHeritage

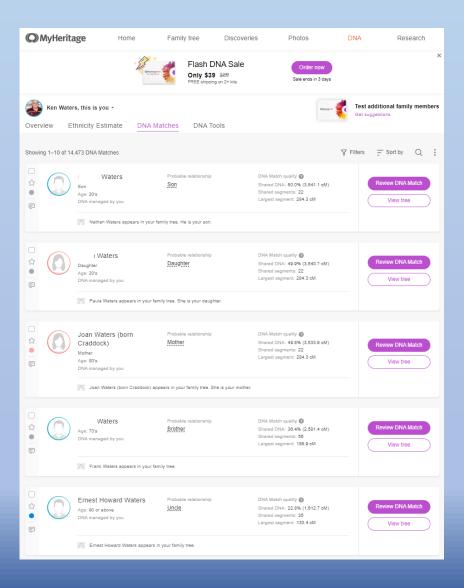
- Pluses:
 - Powerful shared matches capabilities
 - Best chance to find European DNA test takers
 - Robust tools such as auto-cluster available with upgrade
 - Excellent Chromosome browser
 - Genealogy research facilities
 - Suggested Relatives (Theory of Family Relativity)
 - Allows uploads from other testing companies
- Negatives:
 - Smaller database compared to Ancestry and 23andMe



My Heritage Matches

 Very useful capability to not only see how much DNA you share with the match but also how much your match shares with other matches (can often help to discern parent-child or aunt-uncle relationships)

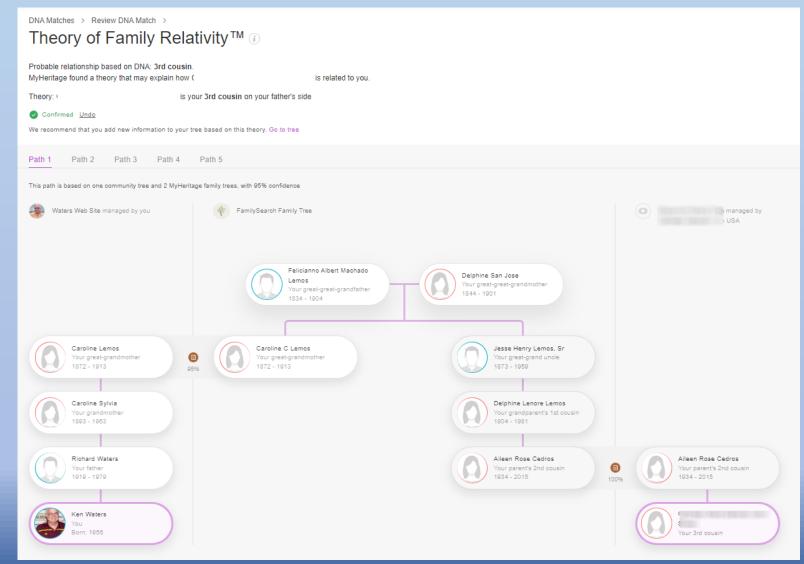




MyHeritage – Theory of Family Relativity

 Suggest how you are related, largely based on existing family trees

 Has the capability to examine alternate "theories" and to accept one of them



Aspects of Each Testing Company: LivingDNA

LivingDNA

- Pluses:
 - Some emphasis on British Isles
 - 3-in-1, single kit includes Y-DNA and mtDNA
 - Allows uploads from other testing companies
 - Chromosome browser (added July 2023)

Negatives:

- Very, very small database
- No family trees
- No research database
- Wacky ethnicity estimates
- Worst analysis tools of all the companies
- Tests for Y-DNA or mtDNA but no matching
- History of trying to sell irrelevant add-ons (e.g., supplements, Viking ancestry)



Living DNA

 Recently (2023) added ability to view segment data [chromosome browser]

 This is a very useful feature for advanced work to confirm triangulation between matches and thus common ancestral lines

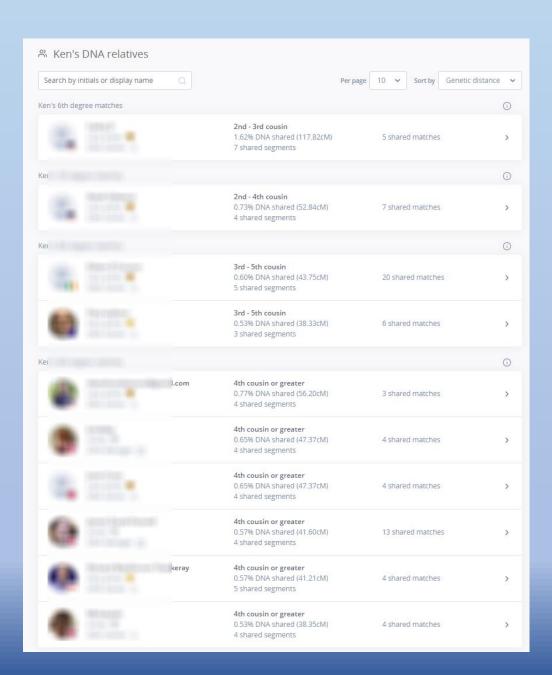
In this example, a DNA match has 4 common segments of shared DNA, on chromosomes 1, 7, 9, and 15



Living DNA Matches

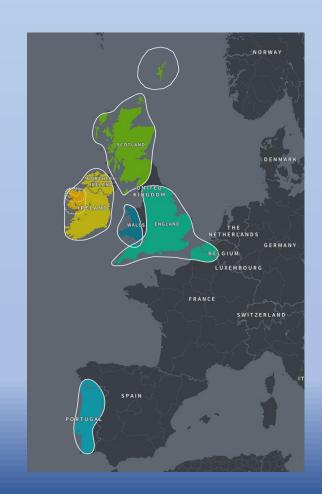
- Very small database
- For me, Living DNA has only 1 kit above 100 centiMorgans whereas I have 47 on Ancestry!

Do not recommend purchasing a kit from Living DNA---instead upload for free

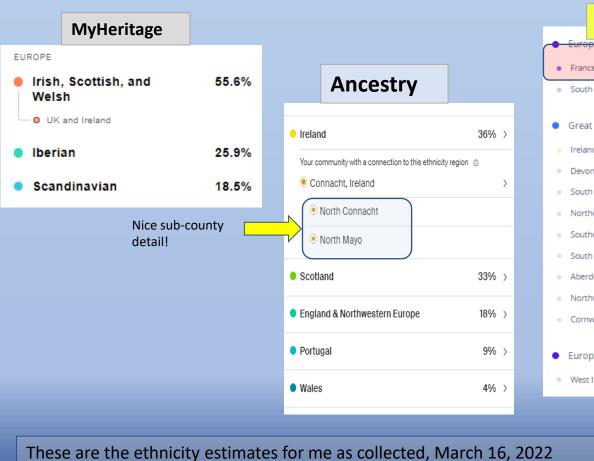


What About Ethnicity Estimates?

- These are purely estimates and should not be relied on to any great extent
- May be interesting to view but of little use for genealogy
- Wide variation between companies
- Frequent updates can lead to confusing results



What About Ethnicity Estimates?

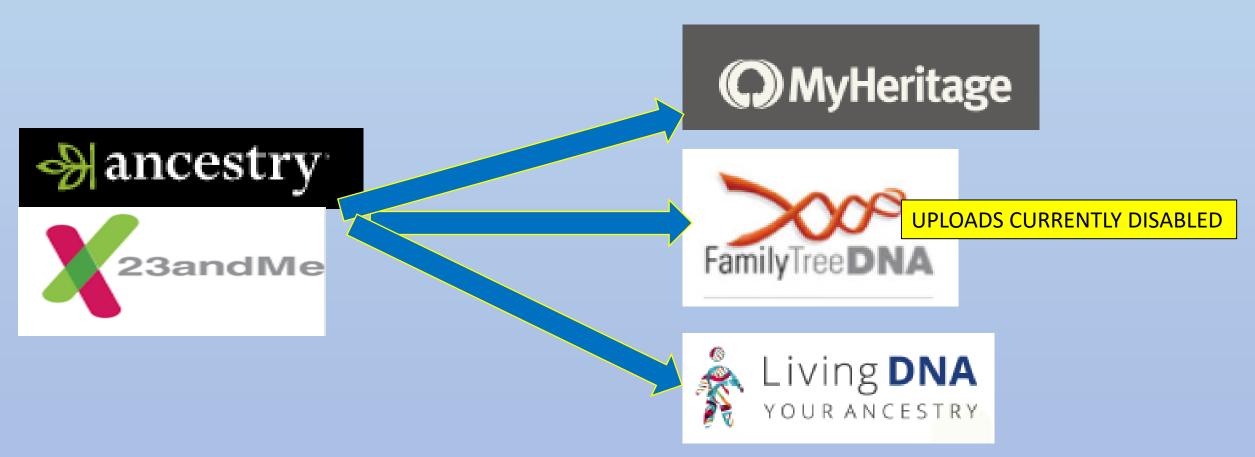






FTDNA				
Europe	97%			
Western Europe				
England, Wales, and Scotland	50%			
• Ireland	41%			
Eastern Europe				
West Slavic	3%			
Southern Europe				
Iberian Peninsula	3%			
Middle East & North Africa	<3%			
Middle East				
Sephardic Jewish	<3%			

3 of the 5 testing companies allow uploading

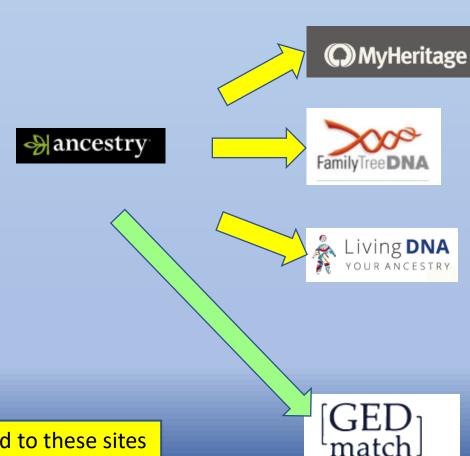


Allows you to use test results from one company to compare to other databases --- more matches!

FREE to upload (nominal cost to use extra analysis tools)

Recommended Strategy

- Test with Ancestry first (largest database, excellent family tree tools)
- Download your DNA from Ancestry
- Upload to:
 - My Heritage
 - Family Tree DNA
 - Living DNA
 - GEDMatch (not a testing company)
- The key here is to have your DNA in all 5 testing companies plus GEDMatch



Summing Up!

Status as of Jan 2024

Company	Method	Database Size	Family Trees	Shared Matches	Segment Data	Allows Uploads	Source Searches	Upgrade Cost	Suggest Relatives
23andMe	Spit	13M	N	DISABLED	DISABLED	N	N	~\$50 (health)	N
Ancestry	Spit	25M	Υ	Υ	N	N	Υ	\$10/mo	Υ
Family Tree DNA	Swab	1M+	Υ	Υ	DISABLE	Y	N	\$19	N
Living DNA	Swab	<1M?	N	Υ	Υ	Υ	N	various	N
My Heritage	Swab	7M	Υ	Υ	Y	Υ	Υ	\$29	Y

Notes:

- Living DNA does not release database size so this is estimated
- Living DNA has many different upgrade options for various prices
- Ancestry will soon be requiring upgrades for various match comparison features for non-paid subscribers (price estimated)

23andMe Breach

- In October 2023 it was revealed that 23andMe had a breach which compromised account data for millions of users
- As a result, significant changes have been applied to their user interface
- This has also impacted the other testing companies in various ways, affecting what data are available and the ways in which users can log in

Hackers access profiles of nearly 7 million 23andMe customers







https://www.cnn.com/2023/12/05/tech/hackers-access-7-million-23andme-profiles/index.html

IMPORTANT: Recent Changes

• 23andMe

- October 2023 -- Removed several important functions including ability to view shared matches, segment data, and ability to download matches and "raw" DNA --- company claims these will be restored but has not said when. Greatly reduces the usefulness of the site
- Now requires 2-Factor authorization

NOTE: I do not recommend testing with 23andMe until they restore the ability to view shared matches and segment data

NOTE: this is all subject to change at any time.

Recent Changes

Ancestry

- Began requiring 2-Factor authorization
- Soon to be requiring an additional fee for a number of important DNA tools (does not include those with active paid subscriptions)

Family Tree DNA

- Segment data and match lists are currently disabled no estimate for restoral
- 2-Factor authorization coming (no estimate when)

NOTE: this is all subject to change at any time.

Upcoming Classes/Presentations

Sat, Feb 3, 3 pm

Topic: Sharing Your DNA Results with Other

Services



Presentations:

http://familytreeaz.com/Presentations



All library classes (highlighted blue) are free to attend and require no registration. Classes are held at the Red Mountain Mesa Public Library at 635 N Power Rd in Mesa (unless otherwise noted above).



Presentations:

http://familytreeaz.com/Presentations



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